

MAR THEODOSIUS MEMEORIAL INTER-MGM FEST 2023

Theme- WAVES

The 9th edition of MGM Fest would be conducted in hybrid mode.

ONLINE	CULTURAL EVENTS OF PRE-PRIMARY, SUB-JUNIOR & JUNIOR CATEGORY
OFFLINE	SPORTS AND CULTURAL EVENTS OF SENIOR CATEGORY

Sports and Cultural competitions of Senior category would be conducted at Bokaro Steel City on 7th and 8th November 2023.

- The competitions shall be conducted in four categories:
 - Pre - primary - Nursery, K.G - I and K.G - II
 - Sub Junior - Class I to Class V
 - Junior - Class VI to Class VIII
 - Senior - Class IX to Class XII
- No direct submission from participants would be allowed.
- Only the Principal and/or the designated School Coordinator should contact the MGM Fest Team. (Kindly ensure that the calls are made in between 9 am to 5 pm)
- For any queries related to General arrangements:
 - Mr. Gibin Thomas : 8709976877, 9470997953
 - Mrs. Sadaf Noori : 9709024238
- For any queries related to registration of Sports events:
 - Mr. Rajiv : 7004767569
 - Mrs. Minakshi : 7061907188
- For any queries related to registration of Cultural events:
 - Mr. Aruna Kannan : 9431776843
 - Mrs. Mini Reji : 9113315484
- School shall send the participants list (in the prescribed format- Appendix-3) and entries only to mgmfest2023@mgmhssbokaro.in
- **The participant list must be submitted on or before 4th October, 2023.**
- **The following events of Senior Category shall also be conducted Online:**
 - a. Tagline
 - b. Essay (English & Hindi)
 - c. Logo Designing
- Kindly bear with if your call is not attended during class hours. It may be that the concerned in-charge might be taking the class. Wait for the return call of the in-charge
- Organizers won't be responsible for any technical glitches/ network issues etc.
- The details of events and themes in each category is given in Appendix-2.

APPENDIX-2

	CATEGORIES	CLASSES	MODE	NUMBER OF ENTRIES
	PRE-PRIMARY	CLASSES – NURSERY, KG. – I & KG. II		
	EVENTS	THEME		
1	RHYMES (ENGLISH)	RAINY SEASON	ONLINE	2
	RHYMES (HINDI)	बरसात का मौसम	ONLINE	2
2	STORY TELLING (ENGLISH)	MY EXPERIENCE ON A RAINY DAY	ONLINE	2
	STORY TELLING (HINDI)	बरसात के अनुभव	ONLINE	2
	SUB JUNIOR LEVEL	CLASSES 1-5		
	EVENTS	THEME		
1	SOLO DANCE	VIBRANCE	ONLINE	1
2	SOLO SONG	TARANG	ONLINE	1
3	SPEECH (ENGLISH)	MY FIRST DAY IN SCHOOL	ONLINE	1
4	SPEECH (HINDI)	स्कूल का पहला दिन	ONLINE	1
5	CREATIVE WRITING (ENGLISH)	WATER IS LIFE	ONLINE	1
6	CREATIVE WRITING (HINDI)	जल ही जीवन है	ONLINE	1
7	POEM RECITATION (ENGLISH)	RAINBOW	ONLINE	1
8	POEM RECITATION (HINDI)	इंद्रधनुष	ONLINE	1
	JUNIOR LEVEL	CLASSES 6-8		
	EVENTS	THEME		
1	SOLO DANCE	VIBRANCE	ONLINE	1
2	SOLO SONG	TARANG	ONLINE	1
3	SPEECH (ENGLISH)	IF I HAD A SUPER POWER	ONLINE	1
4	SPEECH (HINDI)	यदि मुझमें अलौकिक शक्ति होती	ONLINE	1
5	CREATIVE WRITING (ENGLISH)	FESTIVALS OF INDIA	ONLINE	1
6	CREATIVE WRITING (HINDI)	भारत के पर्व	ONLINE	1
7	POEM RECITATION (ENGLISH)	MY FAVOURITE SEASON	ONLINE	1
8	POEM RECITATION (HINDI)	मेरा मनचाहा मौसम	ONLINE	1
9	BEST OUT OF WASTE	HOME DECOR FROM WASTE	ONLINE	1
10	RANGOLI	CARE FOR NATURE	ONLINE	1
	SENIOR LEVEL	CLASSES 9-12		
	EVENTS	THEME		
1	DANCE			
	✓ SOLO DANCE	VIBRANCE	OFFLINE	1
	✓ GROUP DANCE (8 MEMBERS ONLY)	FANTASY	OFFLINE	1
2	MUSIC			
	✓ SOLO SONG	TARANG	OFFLINE	1
	✓ GROUP SONG (6 + 3 MEMBERS ONLY)	SYMPHONY	OFFLINE	1
3	FINE ARTS			
	✓ RANGOLI	CARE FOR NATURE	OFFLINE	1
4	LITERARY EVENT			
	✓ ESSAY			
	ENGLISH	DIGITAL REVOLUTION: NAVIGATING THE TECHNOLOGICAL ERA	ONLINE	1
	HINDI	डिजिटल क्रांति: तकनीकी युग का मार्ग दर्शन	ONLINE	1
	✓ POEM RECITATION			
	ENGLISH	VILLAGE	OFFLINE	1
	HINDI	गाँव	OFFLINE	1
	✓ SPEECH			
	ENGLISH	INFLUENCE OF SOCIAL MEDIA ON MENTAL HEALTH	OFFLINE	1
	HINDI	मानसिक स्वस्थ पर सोशल मीडिया का प्रभाव	OFFLINE	1
5	BEST OUT OF WASTE	HOME DECOR FROM WASTE	OFFLINE	1
6	TAGLINE	TAGLINE FOR YOUR HOME STATE	ONLINE	1
7	SCIENCE MODEL	SUSTAINABILITY AND ENVIRONMENTAL CONSERVATION	OFFLINE	1
8	LOGO DESIGN	LOGO FOR E-LEARNING PLATFORM	ONLINE	1

GUIDELINES FOR ONLINE COMPETITIONS

- The list of participants in prescribed format (Appendix-3) should be sent to mgmfest2023@mgmhssbokaro.in on or before 4th October 2023. No changes from the submitted list will be allowed.
- School shall send the entries to mgmfest2023@mgmhssbokaro.in on or before 31st October 2023 only through the registered School email id.
- **All participants must display the registration ID provided by the organizers.**
- **Each entry should be named in the following format:**
 - School name- Category- Event- Name of participant- Class
 - eg. MGMHS School, Bokaro-Junior-Solo song- Robin Mathew-II A
- All entries must be together compressed into ONE ZIP/ RAR file.
- The ZIP/RAR file should be named as <School Name, place> eg. MGMHS School, Bokaro.
- Organizers won't be responsible for any technical glitches/ network issues etc.
- The details of events and themes in each category is given in Appendix-2.
- Students should wear school uniform except in Story Telling (Pre-primary Category) and Dance competition.
- Google Meet will be used as the online platform.
- Link and code for Google Meet will be provided on the Date of events.
- Participants should make sure that their face is clearly visible.
- Video background should be empty (Clear Background).
- No video editing / recording format are allowed.
- School should certify in writing the originality of the work, otherwise the entry shall be rejected.

GUIDELINES FOR OFFLINE COMPETITIONS

- The list of participants in prescribed format (Appendix-3) should be sent to mgmfest2023@mgmhssbokaro.in on or before 4th October 2023. No changes from the submitted list will be allowed.
- **Each participant must pin the Entry code provided by the organizers while performing the item.**
- **Participants shall carry School ID and must present themselves in School uniform for the events(Except for Dance)**
- Teachers' interference (in adjusting musical instruments, communicating with judges etc.) is strictly prohibited.
- Decision of judges will be final and binding to all.
- It is the sole responsibility of the participant to be present at respective venue at the stipulated time at the respective venue for concerned events.
- Negative points for exceeding time limit.
- All entries in the events should be scrutinized from the school.
- Teachers accompanying school should be responsible for the entries of their school.
- Personal safety and the safety of personal belongings should be taken care.
- Organizers will not be responsible for any mishap, accidents, damage or loss of costumes, instruments etc.
- Every school shall bring their school flag to represent in the march past.
- CULTURAL NIGHT will be arranged on Day 1. Each school shall be given the opportunity to present one cultural event(Solo or Group) of 5mins duration. The details of the same should be intimated at the registration desk on the day of arrival.

CATEGORIES & GUIDELINES

PRE - PRIMARY CATEGORY

CLASSES : NURSERY, K.G – I & K.G – II

Virtual Competition:-

S.NO	EVENT	THEME
<u>1</u>	RHYMES	RAINY SEASON / बरसात का मौसम
<u>2</u>	STORY TELLING	MY EXPERIENCE ON A RAINY DAY / बरसात के अनुभव

RULES AND GUIDELINES:-

❖ RHYME COMPETITION

English: **RAINY SEASON**

Hindi: **बरसात का मौसम**

- Time: max 2 minutes
- The entries should strictly be as per the theme
- Presentation: Creativity is encouraged. Miming is not allowed.
- School uniform is “compulsory” for participants
- Music: Use of recorded music is not allowed.
- The decision of the Judges are final.

❖ STORY TELLING COMPETITION

English: **MY EXPERIENCE ON A RAINY DAY**

Hindi: **बरसात के अनुभव**

- Time limit maximum 3 minutes.
- Story should be short and moral based.
- Background should be clear.
- Only solo performances are allowed.
- Parents are not allowed to provide any type of help to the participant.
- Participants can use any type of props.
- Participants can wear any type of costumes according to their story.
- Video and audio should be clear without any background disturbances.
- Participants would be adjudged by the expert jury.
- Participants make sure that their face is clearly visible.
- Students from any of the pre-primary classes can participate.

SUB JUNIOR CATEGORY – CLASSES 1-5

Virtual Competition:

S.NO.	EVENTS	THEME
1	SOLO DANCE	VIBRANCE
2	SOLO SONG	TARANG
3	SPEECH (ENGLISH)	MY FIRST DAY IN SCHOOL
4	SPEECH (HINDI)	“स्कूल का पहला दिन”
5	CREATIVE WRITING (ENGLISH)	WATER IS LIFE
6	CREATIVE WRITING (HINDI)	जल ही जीवन है
7	POEM RECITATION (ENGLISH)	RAINBOW
8	POEM RECITATION (HINDI)	इंद्रधनुष

- **SOLO DANCE**

THEME – VIBRANCE

1. Only Folk Dance is allowed on the theme.
2. Maximum time limit of 3 minutes (religious / political propaganda / abusive lyrics in any form will not be allowed).
3. Participants make sure that they are the only ones in their entry and that their face is clearly visible.

- **SOLO SONG –**

- THEME – TARANG**

1. Participants **must not use** any karaoke or musical instruments.
2. Only Hindi songs are allowed on the theme.
3. Maximum time limit of 3 minutes (religious / political propaganda / abusive lyrics in any form will not be allowed)
4. No video editing / recording format are allowed.
5. Participants make sure that they are the only ones in their entry and that their face is clearly visible.

- **SPEECH – THEME –**

- English : MY FIRST DAY IN SCHOOL**

- Hindi : “स्कूल का पहला दिन”**

1. Maximum time allowed to each participant shall be 3 minutes
2. Matter of speech should be the original matter of the participants.

- **CREATIVE WRITING – THEME –**

- English : WATER IS LIFE**

- Hindi : जल ही जीवन है**

1. Essay should not be more than 150 words.
2. Essay should be written in his/her own handwriting in ruled A4 size paper.
3. Avoid plagiarism (copying from internet etc.).
4. Written matter should be the student’s original work.
5. The work should be properly scanned and sent so that the words are clear.

- **POEM RECITATION –**
THEME –

English : RAINBOW

Hindi : इंद्रधनुष

1. Maximum time allowed to each participant shall be 2 minutes.
2. Participants should avoid reading from a previously prepared script, any paper or aid.

JUNIOR CATEGORY – CLASSES 6-8
Virtual/Online Competition

S.NO.	EVENTS	THEME
1	SOLO DANCE	VIBRANCE
2	SOLO SONG	TARANG
3	SPEECH (ENGLISH)	IF I HAD A SUPER POWER
4	SPEECH (HINDI)	यदि मुझमे अलौकिक शक्ति होती
5	CREATIVE WRITING (ENGLISH)	FESTIVALS OF INDIA
6	CREATIVE WRITING (HINDI)	भारत के पर्व
7	POEM RECITATION (ENGLISH)	MY FAVOURITE SEASON
8	POEM RECITATION (HINDI)	मेरा मनचाहा मौसम
9	BEST OUT OF WASTE	HOME DÉCOR FROM WASTE
10	RANGOLI	CARE FOR NATURE

- **SOLO DANCE THEME –
“VIBRANCE”**

4. Only Folk Dance is allowed on the theme.
5. Maximum time limit of 3 minutes (religious / political propaganda / abusive lyrics in any form will not be allowed).
6. Participants make sure that they are the only ones in their entry and that their face is clearly visible.

- **SOLO SONG – THEME**

- “**TARANG**”

6. Participant **should not use** any karaoke or musical instruments.
7. Only Hindi songs are allowed on the theme.
8. Maximum time limit of 3 minutes (religious / political propaganda / abusive lyrics in any form will not be allowed)
9. No video editing / recording format are allowed.
10. Participants make sure that they are the only ones in their entry and that their face is clearly visible.

- **SPEECH – THEME –**

- English: IF I HAD A SUPER POWER**

- Hindi: यदि मुझमे अलौकिक शक्ति होती**

3. Maximum time allowed to each participant shall be 3 minutes
4. Matter of speech should be the original matter of the participants.

- **CREATIVE WRITING – THEME –**

- English: FESTIVALS OF INDIA**

- Hindi: भारत के पर्व**

6. Creative writing should not be more than 750 words.
7. Creative Writing should be written in his own handwriting in ruled A4 size paper.
8. Avoid plagiarism (copying from internet etc.).
9. Written matter should be the original matter of the participants.
10. The work should be Scanned properly and sent to mgmfest2023@mgmhssbokaro.in so that it is properly visible.

- **POEM RECITATION –**

THEME – English : MY FAVOURITE SEASON

Hindi : मेरा मनचाहा मौसम

1. Maximum time allowed to each participant shall be 2 minutes.
2. Participants should avoid reading from a previously prepared script, any paper or aid.

- **BEST OUT OF WASTE –**

THEME – “HOME DÉCOR FROM WASTE”

1. Waste generated from household items to be used.
2. **Time Limit- 40mins**
3. **Making of Best out of waste product will be monitored through Google meet.**
4. **Link and code for Google meet will be provided one day before the date of the events.**
5. **No help from parents, friends, or teachers should be provided to the participants.**
6. **Work should be solely the creation of participants**
7. **An entry code for participants will be provided; he/she should paste that code during the performance.**
8. The Google Drive link of the Video of the entire duration in which he/she makes the product should be forwarded to mgmfest2023@mgmhssbokaro.in (max time 45 min). Picture of the finished work should be attached.
9. Product should be the original work of student.
10. Product should be a single item as a whole not a combination of many items.

- **RANGOLI –**

THEME – “CARE FOR NATURE”

- 1. Freehand Rangoli is only allowed.**
- 2. Time Limit- 40mins including drawing and filling.**
- 3. Making of the Rangoli will be monitored through Google Meet.**
- 4. Link and code for Google Meet will be provided one day before the date of the event.**
- 5. No help from parents, friends or teachers should be provided to the participants.**
- 6. Work should be solely the effort of participants.**
- 7. An entry code for participants will be provided; he/she should display that code during the performance.**
- 8. The Google Drive link of the Video of the entire duration in which he/she performs the work should be forwarded to mgmfest2023@mgmhssbokaro.in (max time 45 min). Picture of the finished work should be attached.**

CULTURAL EVENTS FOR SENIOR GROUP – CLASSES 9 TO 12

OFFLINE COMPETITION:

S. No	EVENT	THEME/TOPIC
A	Dance	
1	Solo Dance	VIBRANCE
2	Group Dance	FANTACY
B	Music	
3	Solo Song	TARANG
4	Group Song	SYMPHONY
C	Fine Arts	
5	Rangoli	CARE FOR NATURE
D	Literary Event	
	Essay	
<u>6</u>	<u>English</u>	DIGITAL REVOLUTION: NAVIGATING THE TECHNOLOGICAL ERA
<u>7</u>	<u>Hindi</u>	डिजिटल क्रांति: तकनीकी युग का मार्ग दर्शन
E	Poem Recitation	
<u>8</u>	<u>English</u>	VILLAGE
<u>9</u>	<u>Hindi</u>	गाँव
F	Speech	
10	English	INFLUENCE OF SOCIAL MEDIA ON MENTAL HEALTH
11	Hindi	मानसिक स्वस्थ पर सोशल मीडिया का प्रभाव
12	Best out of waste	HOME DÉCOR FROM WASTE
13	Tagline	TAGLINE FOR YOUR HOME STATE

14	Science Model	SUSTAINABILITY AND ENVIRONMENTAL CONSERVATION
15	Logo Design	LOGO FOR E-LEARNING PLATFORM

RULES & REGULATION FOR CULTURAL EVENTS

- **A. DANCE**

- **1. SOLO DANCE : VIBRANCE**

- Time limit is 5 - 6 minutes in which performance time is 4- 5 minutes and 1minute for stage clearing. Negative points for exceeding the time limit.
 - Only Folk Dance on the theme is allowed.

- **2. GROUP DANCE : FANTACY**

- Time Limit for Group Dance is 7-9 Minutes in which performance time is 5 – 6 minutes and 2 – 3 minutes for stage clearing. Negative points for exceeding the time limit.
 - Dance form should be Semi-Classical.
 - There shall be **Maximum 8** Dancers.
 - The participants should bring song in PEN DRIVE.
 - The participants will be judged on their costumes, visual presentation and dance form.
 - Participants should bring their own props. All props must be specified to the event coordinator.
 - Lighting of matchsticks, candles and cigarettes or any derogatory acts are strictly not allowed on stage.

- **B. SONG**

- **3. SOLO SONG: TARANG**

- Participants are free to use instruments (maximum TWO)
 - For playing instruments **only students** will be allowed. Participant should arrange for **instrument**.
 - Time Limit for Solo Song is 3-4 minutes.

- **4. GROUP SONG: SYMPHONY**
 - A group of 6 participants and **3 accompanists** (to play instrument if required - only students). Participant should arrange for **instrument**.
 - Time Limit for Group Song is 4-5 minutes. **No individual microphones** will be allowed.
 - Only Hindi Songs are allowed.
- **C. FINE ART**
 - **5. RANGOLI: CARE FOR NATURE**
 - It should be Free hand Rangoli.
 - Time Limit- 1 hour including drawing and filling.

LITERARY EVENTS

- **D. ESSAY – THEME –**
 - English: **DIGITAL REVOLUTION: NAVIGATING THE TECHNOLOGICAL ERA**
 - Hindi : डिजिटल क्रांति: तकनीकी युग का मार्ग दर्शन

Essay should not be more than 1000 words.
 Essay should be written in his/her own handwriting in ruled A4 size paper.
 Avoid plagiarism (copying from internet etc.).
 The work should be Scanned properly and sent to mgmfest2023@mgmhssbokaro.in so that it is properly visible.
- **E. POEM RECITATION –**
 - English : **VILLAGE**
 - Hindi : गाँव
 - Maximum time allowed to each participant shall be 3 minutes while minimum is 2 minutes.
 - Participants should avoid reading from a previously prepared script, any paper or aid.
- **F. SPEECH –**

THEME: English: INFLUENCE OF SOCIAL MEDIA ON MENTAL HEALTH

Hindi: मानसिक स्वस्थ पर सोशल मीडिया का प्रभाव

- Maximum time allowed to each participant shall be 5 minutes.
- Negative points for exceeding the time limit.
- **12. BEST OUT OF WASTE –**
THEME – HOME DÉCOR FROM WASTE
 - Waste generated from household items to be used.
 - Time Limit- 40mins
 - Product should be the original work of student.
 - Product should be a single item as a whole not a combination of many items.
- **13. TAGLINE**
Topic : TAGLINE FOR YOUR HOME STATE
 - Words limit (Maximum 15) words.
 - No copy of tagline from internet
 - Tagline should be the original work of the student.
 - No abuse words for the particular caste, creed or selection of people should be used.
- **14. SCIENCE MODEL**
Topic: SUSTAINABILITY AND ENVIRONMENTAL CONSERVATION
 - This is not a Group event.
 - Time Limit- 10mins. for demonstration.
 - The model should be the original work of the participant.
 - An entry code for participants will be provided, participant should display that code while presenting.
 - The necessary information like working principle, circuit diagrams etc. must be displayed through charts.
- **15. LOGO DESIGN**
Topic: LOGO FOR E-LEARNING PLATFORM
 - Logo should be the original work of the student.

- **Picture used for logo should be self-created.**
- **No copy of the logo available on internet should be used.**
- **Colored theme can be used.**
- **No gif picture and abuse sign or words should be used.**

MGM FEST 2023

Appendix-7- SPORTS & GAMES

Track Events:

100 METER SPRINT (BOYS)
100 METER SPRINT (GIRLS)
200 METER RACE (BOYS)
200 METER RACE (GIRLS)
400 METER RACE (BOYS)
400 METER RACE (GIRLS)
100 X 4 RELAY RACE (BOYS)
100 X 4 RELAY RACE (GIRLS)

Field Events:

HIGH JUMP (BOYS)
HIGH JUMP (GIRLS)
LONG JUMP (BOYS)
LONG JUMP (GIRLS)
SHOTPUT THROW (BOYS)
SHOTPUT THROW (GIRLS)
JAVELINE THROW (BOYS)
JAVELINE THROW (GIRLS)
DISCUSS THROW (BOYS)
DISCUSS THROW (GIRLS)

Team Events Field:

KHO-KHO (girls)
KABADDI (boys)
VOLLEY BALL (BOYS)
VOLLEY BALL (GIRLS)
BASKET BALL (GIRLS)
BASKET BALL (BOYS)
TUG OF WAR (BOYS)
TUG OF WAR (GIRLS)

Indoor Events:

TABLE TENNIS (GIRLS)
TABLE TENNIS (BOYS)
CHESS

RULES AND GUIDELINES:-

The list of the participants in the prescribed format (Appendix-3) shall be send to mgmfest2023@mgmhssbokaro.in before 4th October, 2023. No changes from the submitted list shall be allowed.

- (1) Participants **must** have to carry school identity card.
- (2) Each team **must** be escorted by teacher in charge from the respective schools.
- (3) The result will be declared immediately after the event.
- (4) All events shall be on knockout basis.
- (5) Participants have to bring their own kit.
- (6) If any participant is found guilty of indiscipline, the respective teacher-in charge shall be held responsible for the same.
- (7) It will be the sole responsibility of the participant to be present at the respective venue at the stipulated time for the event concerned.
- (8) The organizers won't be responsible for any mishap, injuries, burglary etc.
- (9) Prepare your team according to the schedule given by organizing committee; no event will be postponed due to absence of players (who may be participating in any other event).
- (10) **If any team fails to be present at the venue within 15 minutes of the Scheduled Time the opponent team will be given walkover.**

Note-

- a. Only two participants are allowed for individual event from each school in all Athletics, track & field events (2 boys & 2 girls).
- b. In Team events only 1 team shall be allowed from each school (1 for boys /1 for girls) for each event
- c. **Tug of war** - Maximum 8 players can participate in each group & each group boy's group maximum weight should not be more than 500 kg and for girls group 460 kg only. Players are not allowed to pull the rope below knee level, they can use football shoes, knee caps, and belt for safety purpose, matches will be played in best of 3 .
- d. **Chess** – On day 1 only 3 rounds would be conducted which will be up to 1 hour, players can use personal chess clock. On the 2nd day last 2 rounds will be conducted (semifinals and final round). If any competition fails to produce result in the given time, another 10 minutes shall be given for each player (by using chess clock).
- e. **Kabaddi & kho-kho**- Players should not wear any items like kada, ring, bracelet, chain, hair pin, ear ring etc. which can cause injuries. They may use knee / elbow/ ankle caps for safety purpose. As the matches will be played on Kabaddi mat, they may use only **sports shoe** and Kabaddi dress.

In case of any dispute the decision of the Referee/Arbitrator shall be Final and binding to all.

